

Symposium Time!!



Mental Health Association of East Tennessee  
P.O. Box 32731 Knoxville, TN 37930-2731

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# 10th FALL PSYCHIATRIC SYMPOSIUM



**THURSDAY, September 20, 2007**  
**Pre-SYMPOSIUM**  
**1:00 – 5:15 PM**

**FRIDAY, September 21, 2007**  
**PSYCHIATRIC SYMPOSIUM**  
**7:55 AM – 4:00 PM**

**KNOXVILLE CONVENTION CENTER**  
**701 HENLEY STREET, KNOXVILLE, TN**

Jointly Sponsored by:

**Mental Health Association of East Tennessee**  
**University of Tennessee Graduate School of Medicine**  
**Knoxville Area Psychological Association**  
**Tennessee Psychiatric Association**  
**Smoky Mountain Psychiatric Association**  
**University of Tennessee College of Nursing**  
**University of Tennessee College of Pharmacy**  
**University of Tennessee College of Social Work**  
**Tennessee Department of Mental Health & Developmental**  
**Disabilities**

**ACCOMMODATIONS:** Downtown Knoxville Hilton is offering a conference rate of \$95 on reservations made by August 30th. Reserve by calling 865-523-2300. Mention the group code **AMHA** to receive the discounted rate.

**PARKING AND DIRECTIONS:** Arrive early for best parking. Parking is available at the Holiday Inn, Hilton Hotel, or Locust Street Garages (Follow signs with **P** for public parking. **Parking is not included in registration fee. East bound I-40:** Exit 388 (Henley St./Downtown). Bear left through tunnel. Go one block. Convention Center is on the right next to the Holiday Inn. **West bound I-40:** Exit 387 (Western Ave.) At end of ramp, turn right. Go through first light. Turn right onto Western Ave. Go two blocks. Turn right onto Henley St. Convention Center is on the right next to the Holiday Inn. For more information:  
<http://www.ci.knoxville.tn.us/newcomers/parking.asp>

**Educational Credits: CME/CEU Credits: (9.75 hrs = Thursday & Friday)**

**Physicians:** The University of Tennessee Health Science Center college of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Tennessee College of Medicine designates this educational activity for a maximum of 9.75 *AMA PRA Category 1 Credit(s)*.<sup>TM</sup> Physicians should only claim credit commensurate with the extent of their participation in the activity. Adhering to guidelines set by the American Medical Association, The University of Tennessee Graduate School of Medicine will issue Certificates of Attendance and CEUs for non-physicians attending this educational activity. This activity is designated for up to 1.0 CEUs by the University of Tennessee using the national standard that 1 hour of educational instruction is awarded .1 CEU.

**Psychologists:** Knoxville Area Psychological Association (KAPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. KAPA maintains responsibility for this program and its content. KAPA has designated 6 CE credits for attendees of the Symposium and 3.75 CE Credits for attendance of the Pre-Symposium. No CE credits will be awarded for partial attendance at either program. There is a \$10 fee for non-KAPA members wanting CE credit from KAPA payable with your registration or at check in.

**Nurses:** The 10<sup>th</sup> Fall Psychiatric Symposium has been approved for 9.75 contact hours (.975 CEUs). This program is co-provided by the Mental Health Association of East Tennessee and The University of Tennessee College of Nursing. The University of Tennessee College of Nursing is an approved as a provider of continuing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation.

**Social Workers:** This program is approved for up to 9.75 contact hours (.9 CEUs) through the University of Tennessee College of Social Work. A \$15 fee will be collected from those who wish the University of Tennessee College of Social Work to maintain a CEU transcript on their behalf.



**Pharmacists:** This program is approved for up to 9.75 hours credit (0.975 CEUs) and is co-sponsored by the University of Tennessee College of Pharmacy who is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. A statement of CE credit will be mailed within 4 weeks of successful completion and evaluation of the program. ACPE Program # 064-999-07-049-L01-P

**FOR MORE INFORMATION CALL 865-584-9125**

12:00 PM CHECK-IN

**1:00-2:00 PM Carl C. Bell, MD**  
(President/CEO Community Mental Health Council, Chicago, IL)  
**“Psychiatric Perspectives on Violence: Understanding Causes & Issues in Prevention & Treatment”**  
1. Participants will be able to list 4 different types of violence all with different prevention, intervention and post-vention strategies  
2. Participants will be able to list two different dynamics of violence in three different cultural, racial, and ethnic groups.  
3. Participants will be able to list 4 concrete, “protective factor” strategies that prevent risk factors from being predictive of future violent behavior.  
4. Participants will be able to list seven community field principles that promote health behavior change.

2:00 -2.15 PM Q & A

2:15 -2:45 PM Break & Exhibits

**2:45 – 3:45 PM John Hendrick MD, DFAPA**  
(Mountain Home VA Medical Center, Johnson City, TN)  
**“Lessons from Inpatient Psychiatry: Proactively Recognizing and Treating Violent and Aggression”**  
1. Participants will be able to define the issues of aggression and poor impulse control as aspects of psychopathology.  
2. Participants will be able to describe the aspects of aggression which can reasonably be expected to be modified pharmacologically.  
3. Participants will be able to discuss the implications of different psychopharmacological treatment strategies for aggression/impulsivity.  
4. Interpret the risk analysis of these choices and consider their pros and cons.

**3:45 – 4:45 PM Barbara Rothbaum, PhD**  
(Emory University Medical Center, Atlanta, GA)  
**“Clinical Applications of Cognitive Behavioral Therapy (CBT) in treating OCD & PTSD,”**  
1. The audience will be able to describe cognitive behavioral techniques (CBT) for anxiety  
2. The audience will be able to describe exposure and response prevention treatment of Obsessive Compulsive Disorder (OCD)  
3. The audience will be able to discuss prolonged exposure therapy for Post Traumatic Stress Disorder (PTSD)

4:45 – 5:15 PM Q&A

**ATTENDEES SHOULD NOTE:** Please bring a jacket or sweater with you for your own comfort. Our conference area is and it is difficult to regulate the temperature to everyone’s pleasure

Unrestricted Educational Grants have been received from:



Abbott

A Promise for Life



GlaxoSmithKline



Answers That Matter.



AstraZeneca



Forest Pharmaceuticals



Tennessee Department of Mental Health

7:00 AM CHECK-IN/Breakfast/Exhibits

**8:00 AM Richard G. Petty, MD** (Promedica Research Center)  
**“Pharmacological, Non–pharmacological and Lifestyle Approaches to Attention-Deficit / Hyperactivity Disorder in Children and Adults”**  
1. Participants will be able to describe the key diagnostic features of attention-deficit / hyperactivity disorder in children and the migration of symptoms to adults  
2. Participants will be able to discuss the current pharmacological approaches to the treatment of ADHD  
3. Participants will be able to describe the evidence for incorporating behavioral, nutritional and environmental approaches into a comprehensive treatment plan

**9:00 AM Kimberly Littrell, MS, ARNP, CS**  
(Promedica Research Center)  
**“Monitoring and Managing Metabolic Syndrome Disorders in Psychiatric Patients” - Part I**  
1. Participants will be able to discuss the epidemiology and key features of metabolic disturbances in the general population and in individuals with psychiatric illnesses  
2. Participants will be able to assess for the presence of metabolic disturbances in psychiatric populations  
3. Participants will be able to discuss the ADA/APA/AACE/NASSO Consensus Statement on Antipsychotic Drugs and Obesity and Diabetes

10:00 AM Break and Exhibits

**10:30AM Kimberly Littrell, MS, ARNP, CS**  
**“Monitoring and Managing Metabolic Syndrome Disorders in Psychiatric Patients” - Part II**

11:30 AM Panel Discussion

12:00 Noon Networking Lunch (Provided)

**1:00 PM Mustafa Husain, MD**  
(Chief of Gero Psychiatry, UT Southwestern Medical Center, Dallas, TX)  
**“Cognition , Dementia and Depression: A Clinical Perspective,”**  
1. Participants will be able to identify and describe neurocognitive deficits in Depression.  
2. Participants will be able to differentiate the cognitive affects of Depression from those of Dementia  
3. Participants will be able to describe the effects of antidepressant treatment on cognition in Depression

2:00 PM Break & Exhibits

**2:30 PM James Gillespie, MD, FAPA**  
(Director Dual Diagnosis Intensive Outpatient Program, St. Mary’s, Knoxville/LaFollette, TN)  
**“Double Trouble – The Co-Occurrence of Mood Disorders and Substance Use Disorders”**  
1. Participants will be able to identify pertinent epidemiological facts about Dual Diagnosis  
2. The audience will be able to discuss the simultaneous treatment of mood disorders and substance abuse occurs  
3. Participants will be able to describe medical and non medical interventions in the treatment of co-occurring disorders

3:30 PM – 4:00 PM Panel Discussion – Evaluations – Adjourn

REGISTRATION

CEs / CMEs for:

Name:

☐ Nursing

Degree:

☐ Pharmacy

Affiliation:

☐ Physician

Phone

☐ Psychology

Fax:

☐ Social Work

Email:

☐ Other

Address

City/St/Zip:

**Required For CME Credit Only:**  
Last four digits of Social Security #

Birth Month and Year

☐ Vegetarian Meal Requested

**REGISTRATION FEES: (Please check One)**  
**By September 10, 2007:**  
☐ Thursday ONLY - **\$35** (students w/ID **\$25**)  
☐ Friday ONLY - **\$54** (student w/ID **\$35**)  
☐ Thursday and Friday - **\$75** (students w/ID **\$45**)  
☐ ADD \$75 **MEMBERSHIP DUES** (see below)  
☐ Discounted Fee – Total Due \$

**After September 10, 2007:**  
☐ Thursday ONLY - **\$45** (students w/ ID **\$35**)  
☐ Friday ONLY - **\$75** (students w/ID **\$45**)  
☐ Thursday Evening and Friday - **\$95** (students w/ ID \$60)  
☐ ADD \$75 **MEMBERSHIP DUES** (see below)  
☐ Total Due \$

**Students must send in a clear, legible copy of their student ID.**

MAKE CHECK PAYABLE TO:  
MENTAL HEALTH ASSOCIATION  
AND SEND TO  
P O BOX 32731  
KNOXVILLE, TN 37930-2731

**REFUNDS** will be made (excluding a \$15 processing fee) for cancellations received by September 1<sup>st</sup>. Cancellation after September 1<sup>st</sup> will not receive a refund.

**PAYMENT:**  
**CHECK ENCLOSED** ☐ VISA ☐ MasterCard  
**Or FAX form with CREDIT CARD information to: 865-824-0040**

Account No

Exp. Date

Signature

**Professional Members** are mental health or substance abuse treatment professionals (MDs, PhDs, RNs, LCSWs etc) who make a membership contribution of \$75 or more to the MHA by September 1<sup>st</sup> annually. Professional Member Benefits include: 10% off training

fees, Website referral listing, 50 free brochures, MHA newsletters & annual report, bulk brochure pricing. **JOIN TODAY – TAKE 10% OFF FEE With Membership**